

**WORKING TOGETHER**

to be ready for school


# Stage 1 Toilet Training

Being able to use the toilet: 'showing that I'm ready'



Think about.....

- What can the child do now?
- What are the next skills needed?
- Make a plan to help.
- Get inspired, talk to others and share ideas.
- Carry out the plan. Keep practising. It may take some time but it's worth it.



Now I'm  
18 months to  
2 years old

**1.** I am starting to notice when something is happening in my nappy. I can often feel uncomfortable, I might even try to pull my nappy off.

**2.** I am interested in other people using the toilet, and I understand the words for this in my house (wee/poo).

**3.** I am drinking plenty of drinks during the day, and have regular bowel movements.

**4.** I am able to go several hours without doing a wee in my nappy.

**5.** I am understanding and following simple instructions. I try to do some self-care tasks without help.

**6.** I am happy to spend time without my nappy on. I think I might be ready to wear pants now and start stage 2 toilet training!

For detailed information visit [www.derbyshire.gov.uk/readymfocschool](http://www.derbyshire.gov.uk/readymfocschool)